



Our Class News

September 2022

Mr. Olson's Class

Issue 2

I apologize for having to miss Back to School Night. If you haven't received the packet of information that I was going to cover, ask your child. It should be in their Take Home folder. Please read, sign and return.



Almost all parents have signed up! If you have not received any texts from me please consider this way of communication. I will be using REMIND.COM to send out reminders of events going on in our class.

To receive messages via text, text **@olson22-23 to 81010.**

OR

To receive messages via email, send a blank email to:
Olson22-23@mail.remind.com

Mark your calendar

This month's events:



- 5th NO SCHOOL
- 19th Minimum Day
- Staff Development
- 26th Awards assembly

—30th Book Report Due / Movie Night

Up and coming events

- Oct 7th –Family Picnic Day #2
- Oct 17th –Minimum Day –Staff Development
- Oct 24th –Red Ribbon Week
- Oct 28th –Awards Assembly / End of Trimester
- Nov 9th –Conference Schedule
- Nov 11th –Veteran's Day –NO SCHOOL

September in The Classroom

Math –Finishing up place value, adding, and subtracting. Beginning strategies for multiplication through thousands place, comparison problems, and using the distributive property. Practice those times table through 12s.

Language Arts –Our reading theme is “How people respond to natural disasters”. We will focus on comparing texts and using textual evidence to support our answers. Story theme will also be our focus.

Science –We are focusing on Earth science / Land forms

Social Studies –We will be starting our California regions study and begin looking at “The First Californians”.

This month we will be focusing on:

Social Emotional Learning for the month of September: Self-Management

Self Management is the crucial skill in managing our own emotions and behaviors through tough situations and distractions. It is the ability to set goals, stay on task, and regulate our emotions to stay on track to achieve them.

SELF-MANAGEMENT

Self-Management: The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations. This includes the capacities to delay gratification, manage stress, and feel motivation and agency to accomplish personal and collective goals.

STOP IMPULSE CONTROL

I can use productive self-regulating strategies to manage emotions & reframe thoughts and behaviors.

MANAGING EMOTIONS

I know how to use healthy practices that can minimize response to stress and promote physical and mental wellness.

GOAL SETTING & Organization

I can set, monitor, adapt, and evaluate personal or collective goals. I can manage materials, time and responsibilities effectively.

MOTIVATION & PERSEVERANCE

I have the ability to take initiative to complete task and can stay actively engaged. I can overcome obstacles and demonstrate perseverance.

KINDNESS CALENDAR

September 2022

Positivity is contagious.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>4 Help make dinner</p>	<p>5 Make someone laugh</p>	 <p>6 Wash the dishes</p>	<p>7 Draw someone a funny picture</p>	<p>1 Thank someone for being them</p>	<p>2 Write a family member a nice note</p>	<p>3 Make your bed and help serve breakfast</p>
<p>11 Write a thank you note to an active military member</p>	<p>12 Tell someone they are awesome</p>	<p>13 Think about what makes you special</p>	<p>14 Offer to help a relative that lives with you</p>	<p>8 Do something helpful around the house</p>	<p>9 Help your parents with the laundry</p>	<p>10 Give yourself a compliment</p>
<p>18 Write a thank you note to a first responder</p>	<p>19 Smile at as many people as you can</p>	<p>20 Write a gratitude list with a family member</p>	<p>15 Give out 5 compliments</p>	<p>21 Tell a sibling or relative 3 things you like about them</p>	<p>16 Tell a family member 3 things you love about them</p>	<p>17 Help make lunch</p>
<p>25 Make every bed in your house</p>	<p>26 Do a favor without expecting anything in return</p>	<p>27 Pick up trash around your neighborhood</p>	<p>22 Go on a walk with a trusted adult and wave to at least 3 people</p>	<p>28 Read a story to a younger relative</p>	<p>23 Write a thank you note to a teacher</p>	<p>24 Call or FaceTime a relative you haven't spoken to in a while</p>
					<p>29 Enjoy family time</p>	<p>30 Hold the door open for someone</p>

